

HALLOWEEN CANDY CARBOHYDRATE COUNTS

From JDRF with CKC logos next to the candy that CKC has determined is GF from information from manufactures. See our CKC GF Candy List for our most accurate GF information.

100 Grand

1 fun size bar 15g
(1) 1.5 oz bar 30g

3 Musketeers

1 fun size bar 12g
(1) 2.13 oz bar 46g

5th Avenue

1 fun size bar 10g

Airheads

1 candy 15g

Almond Joy

1 fun size bar 12g



Baby Ruth

(1) 2 oz bar 37g
1 fun size bar 17g

Bit-O-Honey

1 piece 6g



Bottle Caps

1 fun size box 7g



Bubble Yum

1 piece 6g



Butterfinger

1 fun size bar 15g



Candy Corn

19 pieces 36g



Caramel Apple Pop

1 pop 17g



Charleston Chew

1 piece 9g



Charms Blow Pop

1 pop 13g



Dots Gumdrops

1 box 20g



Dum-Dums

1 pop 6g



Gobstoppers

1 fun size box 8g

Life Saver Gummies

1 fun size box 14g

Gummy Bears

11 pieces 30g

Heath Bar

(1) 1.4 oz bar 25g



Hershey's Almond

3 mini bars 15g
(1) 1.45 oz bar 25g



Hershey's Chocolate Bar

1 fun size bar 10g



Hershey's Kisses

6 pieces 16g



Hershey's Mallow Pumpkin

1 piece 20g

Hershey's Milk Chocolate Bar

1 fun size bar 10g



Hot Tamales

1 small box 18g

Jolly Ranchers

1 piece 6g

Jolly Rancher Pop

1 pop 16g

Juicy Fruits

1 small box 9g

Kit Kat

3 pieces 10g
(1) 1.5 oz Pkg 26g

Laffy Taffy

1 piece 7g

M&M's

Halloween mini box 10g
(1) 1.59 oz bag 34g

M&M's Peanut

1 small bag 13g
(1) 1.74 oz bag 30g

M&M's Peanut Butter

1 (1) 1.69 oz bag 27g

Mike & Ike

1 box 18g

Milk Duds

1 box 9g



Milky Way

1 fun size bar 14g
(1) 2.15 oz bar 43g

Mounds

1 fun size bar 11g



Mr. Goodbar

1 fun size bar 4g

Necco Wafers

1 fun size pkg 13g



Nerds

1 small box 9g

Nestle's Crunch

(4) mini bars 26g
(1) 1.5 oz bar 28g

Now and Later

1 piece 11g

NutRageous

1 fun size bar 9g



Reese's Cups

(2) 1 oz cups 24g
(4) 1 oz mini cups 16g



Reese's Sticks

1 pack 9g

Rice Krispies Treats

1 treat 9g

Runts

1 small bag 14g

Shock Tarts

1 mini pack 11g

Skittles

15 Skittles 15g
1 small bag 18g



Smarties

1 roll 8g



Snickers

1 fun size bar 12g
(1) 2.07 oz bar 36g



Sour Patch Kids

16 pieces 37g

Special Dark

1 small bar 5g



Starburst

4 pieces 16g



Sugar Babies

1 box 24g



SweetTARTS

1 small bag (5 pieces) 13g

Tootsie Pop

1 pop 16g
3 miniature pops 13g



Tootsie Rolls

12 mini (Midgees) 30g
2 bars 23g



Twix

(2) 2 oz cookies 37g

Twizzler

1 small stick 9g

Warheads

5 pieces 13g

Whoppers

8 pieces 15g
1 small pouch 16g

Wonka Pixie Stix

1 stick 2g

